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Preclinical medical school was like returning to high school. Becoming a doctor was a process difficult to describe: total reculturalization, relearning. Many good friends and a farm environment helped. A return to Maine (with spouse) for grueling internship enabled the process. Psychiatry made the process more interesting and worthwhile—the most dynamic field in medicine. Several years deciding to have kids, best decision of my life. Travel to France for personal heritage and roots; multiple years in the Caribbean each winter (with kids) sustained us through Maine winters. Stock and real estate investing has been stimulating and rewarding. Pursuing old interests in music (Reggae, Dixieland, Cajun, classical), science fiction reading, plus adolescent interest in coin collecting. Cooking has been most relaxing hobby.

Have had reunions with four-year Yale roommate and others from Berkeley College. Harvard-Yale football percentage of attended games still too low. Can’t get over 1968 tie. But time and change will prevail.

Having bright daughters, look-alike nephews, and new babies in the family helps cope with aging, something I never thought possible while an undergraduate.

Eating well and enjoying lakeside sun has been the best reward to growing older. Strange process that. Regardless, time and change do prevail!

Have treasured my Yale experience and have tried to help others from Maine have that advantage through Yale Alumni Schools Committee interviewing.

Though my major was in the sciences, I have developed appreciation for history, music, the arts (via kids).

Yale was a real opportunity for me and has left an indelible mark. I wish more Mainers the same.